



Monthly Sheet for Grade 1 Stewardship

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Weeks 6 - 10 Dates: 10/04/11 - 11/01/11

Topics/Content/Skills:

What is Fair, Healthy Eating, Nutrition, Food Pyramid

Vocabulary words/Resources:

Fairness, Sharing, Healthy,

God, I need to talk to you about Sharing (kids pamphlet) God, I need to talk to you about Healthy Eating (kids pamphlet), Food Pyramid

<u>Tuesday</u> <u>Oct 04</u>	“That’s NOT Fair” !!! What is Fairness? Homework: Worksheet on Fairness
<u>Tuesday</u> <u>Oct 11</u>	What is Sharing: God, I need to talk to you about Sharing (booklet) Homework: Worksheet on Sharing
<u>Tuesday</u> <u>Oct 18</u>	Healthy Eating: God, I Need To Talk To You About Healthy Eating (booklet) Homework: Worksheet on Eating Healthy
<u>Tuesday</u> <u>Oct 25</u>	Healthy Eating: Introduce the Food Pyramid & Nutrition chart Homework: list as many healthy things to eat as you can worksheet
<u>Tuesday</u> <u>Nov 01</u>	30 minute fun review of Fairness, Sharing & Healthy food choices Test on above

* Class reading/handout

Nov 01, 2011 Test: On Fairness, Sharing & Healthy Eating