



Monthly Sheet for HS 1 & 2 Stewardship

Mr. Crook

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Weeks 19 - 25      Dates: 01/04/12 - 02/08/12

**Topics/Content/Skills:**

Taking Godly care of your body, mind & attitude: Bones & muscles, Godly & Healthy attitude

**Vocabulary words/Resources:**

Bones, Femur, Tibia, Humerus, Muscles, Carpals, Tarsals, Deltoid, Pectorals, Quadriceps, Gluteus Maximus, Truth, Honesty

Reading: A Healthy Attitude 1 & The Importance of a Godly Attitude

BONES: [http://www.teachpe.com/anatomy/types\\_of\\_bones.php#1](http://www.teachpe.com/anatomy/types_of_bones.php#1)

MUSCLES: <http://webschoolsolutions.com/patts/systems/muscles.htm>

<b><u>Wednesday Jan</u></b> <b><u>04</u></b>	Discussion on Godly Attitudes / Healthy Attitudes / Fruit of The Spirit Homework: One page paper explaining your true attitude
<b><u>Wednesday Jan</u></b> <b><u>11</u></b>	Readings on Godly Attitudes / Healthy Attitudes Homework: Godly/Healthy Attitude wksht
<b><u>Wednesday Jan</u></b> <b><u>18</u></b>	Overview on Godly/Healthy Attitudes & Fruit of the Spirit. (TEST) <b>Prayer concerns</b> Homework: NONE
<b><u>Wednesday Jan</u></b> <b><u>25</u></b>	The body is God's Temple: bones & muscles Homework: How should we treat God's temple. List as many major bones as you can
<b><u>Wednesday Feb</u></b> <b><u>01</u></b>	The body: bones & muscles (God is a master builder) Homework: Bones & Muscles worksheet
<b><u>Wednesday</u></b> <b><u>Feb 08</u></b>	Review Bones & Muscles then TEST Homework: NONE
<b><u>Wednesday</u></b> <b><u>Feb 15</u></b>	Roundtable discussion on how we are perceived by others and what changes (if any) need to be made.

*Test dates: January 18, 2012: Fruit of the Spirit, Godly & Healthy Attitudes/February 08, 2012 Bones & muscles*